

# BREAKFAST & LUNCH



2017-2018  
School Year

## MARCH MENU

Elementary &  
Jr./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>SALAD BAR AVAILABLE DAILY AT THE JR./SR. HIGH SCHOOL</b></p>			<p><b>1</b> <b>BREAKFAST:</b> Muffin/Toast/ Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Chicken &amp; Noodles, Glazed Carrots, Asparagus, Dinner Roll, Fruit, Milk</p>	<p><b>2</b> <b>BREAKFAST:</b> Colby Cheese Omelet/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Cheese Pizza, Lettuce Salad*, Garlic Butter Veggies, Baby Carrots, Fruit, Milk</p>
<p><b>5</b> <b>BREAKFAST:</b> Oatmeal with Toppings/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Chicken Nuggets, Cheesy Potatoes, Broccoli, Dinner Roll, Fruit, Milk</p>	<p><b>6</b> <b>BREAKFAST:</b> Muffin/Toast/ Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Walking Tacos, Black Bean Salsa Salad*, Corn, Baby Carrots FF, Fruit, Milk</p>	<p><b>7</b> <b>BREAKFAST:</b> Iced Long John/ Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Salisbury Steak, Mashed Potatoes, Green Beans, Dinner Roll, Fruit, Milk</p>	<p><b>8</b> <b>BREAKFAST:</b> Muffin/Toast/ Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Breaded Chicken Strips &amp; Dipping Sauce, Baked Beans, Cucumber &amp; Baby Carrots FF, Cookie, Fruit, Milk</p>	<p><b>9</b> <b>CLOSED</b> <b>No School</b></p>
<p><b>12</b> <b>CLOSED</b> <b>Spring Break</b></p>	<p><b>13</b> <b>CLOSED</b> <b>Spring Break</b></p>	<p><b>14</b> <b>CLOSED</b> <b>Spring Break</b></p>	<p><b>15</b> <b>CLOSED</b> <b>Spring Break</b></p>	<p><b>16</b> <b>CLOSED</b> <b>Spring Break</b></p>
<p><b>19</b> <b>BREAKFAST:</b> Bacon Scramble Breakfast Pizza/Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Breaded Chicken Patty Sandwich, Potato Wedges, Broccoli, Fruit, Milk</p>	<p><b>20</b> <b>BREAKFAST:</b> Muffin/Toast/ Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Lasagna, Lettuce Salad, Glazed Carrots, Garlic Twist Breadstick, Fruit, Milk</p>	<p><b>21 1:30 EARLY OUT</b> <b>BREAKFAST:</b> Yogurt Parfaits/ Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Cheddarwurst on Bun, Chips*, Baked Beans, Cucumber FF, Fruit, Milk</p>	<p><b>22</b> <b>BREAKFAST:</b> Muffin/Toast/ Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Popcorn Chicken, Mashed Potatoes, Green Beans, Dinner Roll, Fruit, Milk</p>	<p><b>23</b> <b>BREAKFAST:</b> Pancakes/Toast/ Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Cheesy Breadsticks &amp; Dippin' Sauce, Lettuce Salad*, Corn, Baby Carrots FF, Fruit, Milk</p>
<p><b>26</b> <b>BREAKFAST:</b> Sausage &amp; Pancake Breakfast Stick/ Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Toasted Cheese Sandwich, Tomato Soup, Cottage Cheese, Broccoli, Fruit, Milk</p>	<p><b>27</b> <b>BREAKFAST:</b> Muffin/Toast/ Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Pulled Pork Sandwich, Mac-n-Cheese, Green Beans, Coleslaw*, Baby Carrots FF, Fruit, Milk</p>	<p><b>28</b> <b>BREAKFAST:</b> Iced Long John/ Toast/Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Choice of Chili or Chicken Noodle Soup, Glazed Carrots, Asparagus, Cinnamon Roll, Fruit, Milk</p>	<p><b>29</b> <b>BREAKFAST:</b> Muffin/Toast/ Cereal, Fruit, Juice, Milk <b>LUNCH:</b> Choice of Hot Dog or Chili Dog, Potato Wedges*, Baked Beans, Cucumber FF(E), Fruit, Milk</p>	<p><b>30</b> <b>CLOSED</b> <b>No School</b></p>

All bread/buns are whole grain-rich  
All milk is 1% low-fat or fat-free

**MENU SUBJECT TO CHANGE**

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\* = Jr./Sr. High only, E = Elementary only  
FF = Finger Foods